

The Hawkswood School - Lunch

February 1 - February 29

What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Whole Grain Chicken Fingers-3 Hot Baby Carrots-1 c. Whole Grain Bread Fresh Banana-1 Milk-8 oz.	Tony's Cheese Pizza-1 Broccoli-1 c. Fresh Apple-1 Milk-8 oz.
5	6	7	8	9
Turkey Meatballs on a Whole Wheat Hot Dog Bun-1 Sliced Carrots-1 c. Fresh Orange-1 Milk-8 oz.	TACO TUESDAY Chicken Taco's w/ Shredded Cheddar Cheese-2 Refried Beans-1 c. W/G Soft Taco Shells-2 Fresh Apple-1/Milk-8 oz.	Salisbury Steak w/ Gravy-3 oz. Mashed Potatoes-1 c. Fresh Pear-1 Whole Wheat Dinner Roll Milk-8 oz.	Grilled Chicken Parmigiana-3 oz. Cauliflower-1 c. Whole Grain Bread Fresh Banana-1 Milk-8 oz.	3x5 Cheese Pizza-2 Slices Broccoli-1 c. Fresh Apple-1 Milk-8 oz.
12	13	14	15	16
Cheese Lasagna w/ Meat Sauce-5 oz. Cauliflower-1 c. Whole Grain Bread Fresh Apple-1 Milk-8 oz.	Swedish Turkey Meatballs-3 oz. Roasted Potato Medley-1 c. Fresh Orange-1 Whole Wheat Dinner Roll Milk-8 oz.	Grilled Teriyaki Chicken Bites-4 Diced Carrots-1 c. Fresh Banana-1 Whole Grain Bread Milk-8 oz.	Beef Taco's w/ Shredded Cheddar Cheese-2 Refried Beans-1 c. Whole Grain Hard Taco Shells-2 Fresh Pear-1 Milk-8 oz.	NO SCHOOL
19	20	21	22	23
NO SCHOOL	TACO TUESDAY Chicken Taco's w/ Shredded Cheddar Cheese-2 Refried Beans-1 c. W/G Soft Taco Shells-2 Fresh Apple-1/Milk-8 oz.	Beef Meatball Sub-1 Mashed Potatoes-1 c. Whole Grain Sub Roll-1 Fresh Orange-1 Milk-8 oz.	Sliced Chicken and Cheese on a Whole Grain Potato Roll-1 Cauliflower-1 c. Fresh Banana-1 Milk-8 oz.	3x5 Cheese Pizza-2 Slices Broccoli-1 c. Fresh Apple-1 Milk-8 oz.
26	27	28		
Grilled BBQ Chicken Bites-4 Diced Carrots-1 c. Whole Grain Bread Fresh Apple-1 Milk-8 oz.	Beef Nachos with Cheddar Cheese Sauce-5 oz. Refried Beans-1 c. Whole Grain Tortilla Scoops-1 oz. Fresh Banana-1 Milk-8 oz.	All Beef Hamburger on a Whole Wheat Bun-1 French Fries-1 c. Fresh Orange-1 Milk-8 oz.		

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